

# Why Change Shouldn't Surprise Us

"There's no reason to be surprised by change. In fact, we should be suspicious of its absence, not surprised by its presence."

—Malcolm Gladwell

## Welcome

Nancy Luthy, worship leader

## Acknowledging Native Lands

## Prelude "Metamorphosis One"

by Philip Glass; Randall Kidder, pianist

## Chalice Lighting

\*Please rise in body or spirit.

\***Opening Hymn #1023** "Building Bridges" words: the women of Greenham Common peace occupation, 1983; lyrics, English Quaker round  
in *Singing the Journey*

## \*FUUSM Affirmation

***We, the members and friends of the First Unitarian Universalist Society of Marietta:***

- ***Support the free and disciplined search for truth as the center of religious community and encourage an acceptance of pluralistic views;***
- ***Recognize our Judeo-Christian heritage as well as other traditions and seek lasting values and new insights;***
- ***Affirm, defend, and promote the equality, worth, and dignity of every person;***
- ***Strive for a world community of love, justice, and peace;***
- ***Support the democratic process and mutual respect in all human relationships;***
- ***Cherish the universe and its resources and recognize the unity of all life.***

## Reading

"Change Alone is Unchanging"

Heraklitos of Ephesos

Time for All Ages *Maybe*

by Kobi Yamada; illustrated by Gabriella Barouch

Sending Song "Go Now in Peace"

Natalie Sleeth, words and music

**Go now in peace. Go now in peace.**

**May the spirit of love surround you**

**Everywhere, everywhere, you may go.**

Collection of Offerings

Offertory "Metamorphosis Three"

Philip Glass

Reflection *Riding the Roller Coaster of Change*

**Beth Casebolt**

\***Closing Hymn #1009** "Meditation on Breathing"

words and music:

in *Singing the Journey*

Sarah Dan Jones

Closing Words

Postlude "Metamorphosis Four"

Philip Glass

Announcements

Facebook Live ends

**Joys and Sorrows/Wheel of Life** (Zoom participants are invited to share, too.)

**Extinguishing the Chalice**



\*\*\* Welcome! We're glad you're here! \*\*\*

Thanks to our childcare staff, **Owen Cejka**, **Lela Erb**, and **Levi Wepler**; our tech crew, **Mike Bailey**, **Ralph Olander**, and **Meabh (Maeve) Daly**; our Design & Decoration team, led by **Jane Tumas Serna**; our Coffee Hour volunteers, **George and Gwen Banziger** and **MickiAnne Henkels**; today's hosts, **Cynthia** and **Darryl Ting**; our pianist, **Randall Kidder**; our worship leader, **Nancy Luthy**, and our guest speaker, **Beth Casebolt**.

If you would like to learn more about membership or participation in FUUSM congregational life, please speak to today's host.

### Announcements

#### Today

- **Coffee hour!** Social hall. Ends at 1 p.m.
- 12:15 p.m., ~~Council on Ministries~~ meeting on hiatus.
- 12:30 p.m. Board of Trustees meets with Beth Casebolt, RE parlor.

#### Monday, February 3

- 2 p.m., **Caring Committee** meeting, 2 p.m., via Zoom
- 6:30 p.m., **FUUSM Board of Trustees** meeting, 6:30 p.m., RE parlor

#### Tuesday, February 4

- 3:30–6:30 p.m., Girl Scout Troop meets in the social hall.
- 4:30–6:30 p.m., private use of RE parlor (Roger Kalter).
- 6:30 p.m., Shari Ballantyne's **game night**, social hall. You're invited!

#### Wednesday, February 5

- 5 p.m, **Worship & Music Committee** meeting, RE parlor

#### Saturday, February 8

- 9:30-10:30 a.m., Tai Chi for beginners, social hall (Darryl Ting)

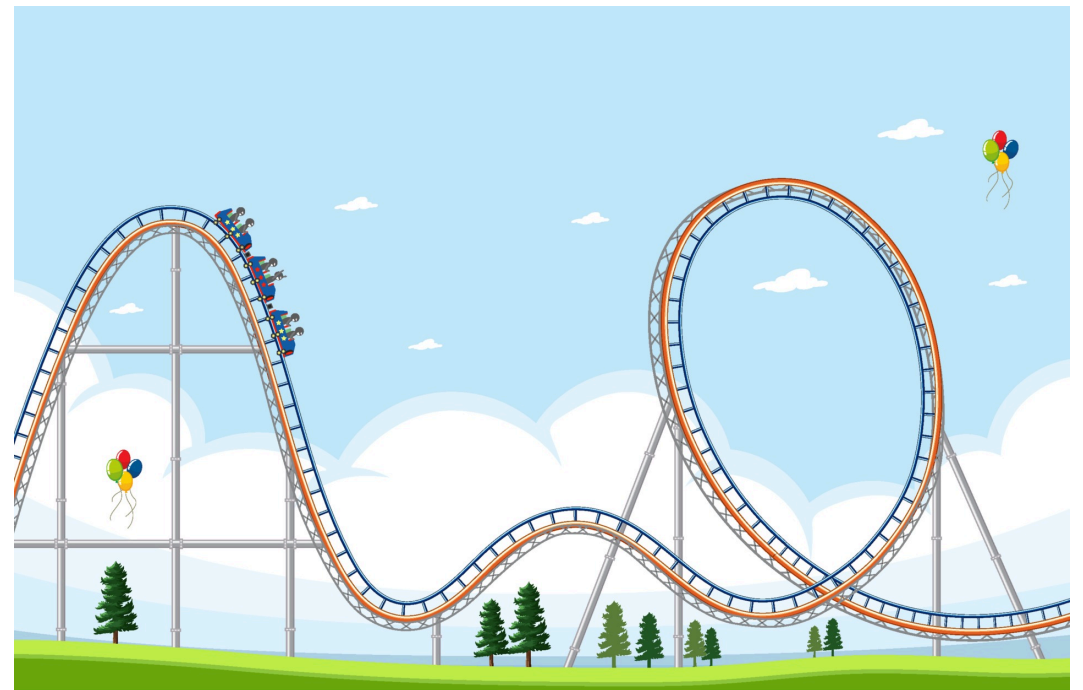
#### Sunday, February 9

- 9:30 a.m., **Choir practice**, sanctuary.
- 11 a.m., **Sunday service**, sanctuary: *What Is the S-I-Z-E of our Soul?* Martha McGovern, worship leader, celebrating World Interfaith Harmony Week.
- 11 a.m., Quaker meeting (MOV Friends), RE parlor
- **Coffee hour!** Social hall. Ends at 1 p.m.

**FUUSM Office hours:** Mon., Tu., Th., Fri. 10 a.m.–2 p.m. (740) 373-1238,  
[fuusm.office@gmail.com](mailto:fuusm.office@gmail.com).

Sunday, February 2, 2025

# Riding the Roller Coaster of Change



## First Unitarian Universalist Society of Marietta

232 Third St., Marietta, OH 45750

*Open minds. Loving hearts. Helping hands.*